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Principal—Mrs. Harriet Tomporowski  
 Vice-Principal—Ms. Kendra Fernie  
 Phone 306-763-7494

# Vincent Massey Public School



## March 2024

**Reminder:**  
 Warning Bell at 8:35 am  
 Classes Begin at 8:40 am  
 Dismissal Bell at 3:00pm

Sun      Mon                      Tue                      Wed                      Thu                      Fri                      Sa

					1 T/TH K Day	2
3	4	5	6 Clan Shirt Day	7	8 Hoodie/ Bunny hug Day M/W K Day	9
10	11 Book Fair: March 11-14, 2024	12	13 Clan Shirt Day	14 Progress Conference (3:00- 8:00pm)	15 Convention No Classes	16
17	18 Book Fair: March 18-22, 2024	19	20 Clan Shirt Day	21	22 M/W K Day	23
24	25	26 Hawaiian Day	27 Clan Shirt Day Clan Assembly at 1:30—2:30pm	28	29 Good Friday	30
31						

### **Administrator Message:**

Hello to our Vincent Massey Family.

There is a lot happening during this busy month. We will be starting our weekly land acknowledgments with special guest speakers making the announcements every Monday morning. Remember that clan shirt days are still every Wednesday. On Wednesday March 27, there will be a gathering of all the clans to take part in an outdoor literacy event during the afternoon classes.

Our Progress Conferences are on Thursday March 14<sup>th</sup> from 3:00-8:00.

This is an excellent chance for you to connect with your child's teacher and find out about their progress since report cards went out in January. Parents can sign up on Edsby. When we release the planner, you will be notified.

There is also no school on March 15<sup>th</sup> for teachers' convention and March 29<sup>th</sup> for the start of the Easter break.

With March coming in like a lion, cold and snowy, hopefully it will go out like a lamb. The weather in March is always changing so please make sure your child is dressed appropriately.

Mrs. Tomporowski, and Ms. Fernie

### **Announcement:**

We want to give a great big Vincent Massey welcome to our new staff members:

Teacher: Miss Renee Paradis, Grade 3

EA: Ms. Ananna Bruse

We want to thank the following staff for their commitment to supporting our students and our learning community. We wish you the best and you will be missed!

Teacher: Mr. Laren Ball

EA: Mrs. Linda Davidson

Enjoy your time with your new baby : Miss Shae-Lynn Kowaniuk

## Library News– Miss Bantle:

We are hosting a second Scholastic Bookfair - come check out the new titles available. We invite your entire family to come to our Scholastic Bookfair which will run from Monday March 11 to March 22 which is ten school days. We will be open during Progress Conferences on March 14<sup>th</sup> from 3:00 – 8:00

Your support of this vital literary event is a key part of helping us obtain new books and resources for our library.

There will be a Scholastic tote (made by Miss Bantle) filled with books and other assorted items.

Tickets on the tote are 25 cents each or 5 for \$1.00.  
Draw for this will be made on the last day of the fair.

All adults that come to shop at the bookfair will get their name entered for the parent tote. Hoping to see you at our spring bookfair.

## SCHOOL ACTIVITY FEE :

If you have not paid your child's School Activity Fees please sign up using the link below for School Cash Online. This fee is collected to assist in covering the costs of optional activities or events that would enhance the regular school programming and would enrich the education of participating students. Some examples of these are out of school educational experiences, activities, presentations and/or speakers.

### How to Register

1. Go to <https://srsd119.schoolcashionline.com/> and click on Register.
  - Enter your first name. last name and email and create a password.
  - Select a security question.
  - Check **YES** to receive email notifications.
2. A confirmation email will be sent to you. If you do not receive it, check your Spam folder.
3. Follow the instructions in the email. **Your email is used as your username in your profile.**



Make online payments with  
**SchoolCashOnline**

- ✓ Field Trips
- ✓ Sports Events
- ✓ Activity Fees

**KEVGROUP**  
School Cash Simplified

For assistance with registering an account, adding a student, making a payment, or troubleshooting, please visit the School Cash Online's helpdesk at [www.helpdesk.supportschoolcashionline.com](http://www.helpdesk.supportschoolcashionline.com) or Quick Youtube video at [Intro to School Cash Online – YouTube](#)

## Ice Safety

This newsletter is published by the Acquired Brain Injury (ABI) Education & Prevention Coordinator from Saskatchewan North ABI Services.



Saskatchewan is blessed with a range of winter activities thanks to its mixed climate. Many of these activities, like snowmobiling and ice fishing, involve frozen bodies of water. However, before venturing out, it's essential to ensure that the ice is thick enough and safe to walk or drive on.

### Ice Safety Tips so you can enjoy what's left of the cold:

**Plan ahead:** Always inform someone about your intended location and expected return time.

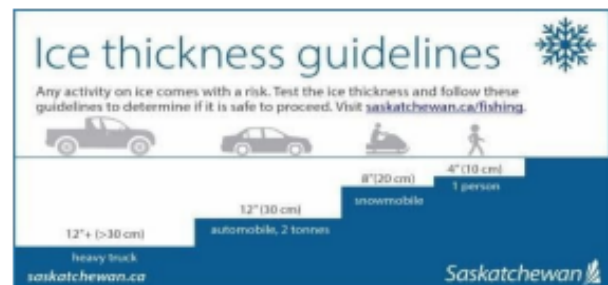
**Awareness:** Ice thickness differs on various water bodies and local conditions. So, it's advisable to re-evaluate the ice thickness, even if it was previously safe. The thickness of ice varies each year, making it necessary to verify its safety annually instead of relying on past experiences.

**River ice:** Compared to lake ice, river ice is often more unstable and riskier, mainly downstream of dams during winter releases. The Water Security Agency is currently releasing water from Reid Lake on Swift Current Creek, and there's also flow throughout the Qu'Appelle and Saskatchewan River systems. It's advisable to avoid these areas as conditions can change significantly over short distances.

**Prevent and predict danger:** Stick together, engage in activities with a partner rather than alone. It's essential to note that any activity on ice has inherent risks. Clear, hard ice is the only recommended ice for travel.



**Check:** Always check the thickness of ice before walking or driving on it. As a guideline, you need at least 10 cm (four inches) of ice to walk on, 20 cm (eight inches) to drive a snowmobile or ATV on, 30 cm (12 inches) to drive a car or light truck on, and more than 30 cm (12 inches) to support a heavy truck.



### Avoid ice that:

- ★ has open water or appears slushy
- ★ thawed, then frozen again
- ★ is near moving water
- ★ is layered due to sudden temperature changes
- ★ has structures on it, such as pressure ridges.

**Be prepared:** Wear proper cold weather apparel and layer clothing to stay warm. Assemble safety gear for emergencies, such as a cell phone, ice picks, a throw rope, flares, and a life jacket or flotation suit.

Visit the Water Security Agency for more information

Resource: [Protect Yourself To Ensure Safety On Ice This Winter | News and Media | Government of Saskatchewan](#)

Always on the lookout to connect with communities interested in injury prevention. Please email [Laquisha.boechler@saskhealthauthority.ca](mailto:Laquisha.boechler@saskhealthauthority.ca) for more information. Look forward to hearing from you!



# Acquired Brain Injury Education & Prevention Services

## What Do We Do?

We are Saskatchewan Health Authority health educators employed in a unique partnership. We strive to engage and support community efforts in reducing injuries; and enhance safety awareness through the provision of injury prevention, brain function & brain injury education, information & resources.

## Contact Us About:



We developed this program to make brain education easy to understand and deliver. We'll coordinate with you to bring this fun "WALK" through the brain to your school or community. Kindergarten to grade 6 students rotate through 10 interactive stations that teach brain function and how to keep the brain safe & healthy.



We offer, to grades 4-6 students, Parachute Canada's interactive neuroscience in-class presentation. Students learn brain anatomy, basic neuroscience vocabulary, and why it's important to protect the brain & spinal cord.

Information will enhance brain knowledge and provide simple injury prevention strategies.

\* Virtual sessions are also offered, provincially, several times throughout the school year.



We work with your community to plan this dynamic injury prevention program for teens. The day-long event simulates the difficult journey of a

hypothetical injury trauma patient. Students follow the path of an injury victim, through the provision of interactive sessions from local emergency, enforcement, health and other community-based professionals involved in trauma care.

\* Condensed virtual events are also offered, provincially, several times throughout the school year.



We can direct community members/organizations to current best-practice **Mild Brain Injury/Concussion** education and resources. Information that helps identify common symptoms and effective recovery strategies.

## We Partner to Provide Education On:

- Brain Function/Structure/Health & Wellness
- Proper Helmet Usage
- Child Passenger Safety
- Safe Road Usage (bicycle, driving & pedestrian)
- Off-Road Vehicle Safety (snowmobile and ATV)
- Falls Prevention Resources
- Accessing Injury Prevention & Traffic Safety Grants

## Contact or Follow Us on Facebook/Instagram:

### **ABI Education and Prevention Team**

[SHAPreventionABI@saskhealthauthority.ca](mailto:SHAPreventionABI@saskhealthauthority.ca)

### **North ABI Education and Prevention Coordinator**

Prince Albert, SK (306) 765-6470

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### **Central ABI Education and Prevention Coordinator**

Saskatoon, SK (306) 655-8433

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### **South ABI Education and Prevention Coordinator**

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